



Detailed general information usable at August 25, 2019 7:30 pm – JS

All the competition is to follow live on the village and on the social networks

IMPORTANT MOMENTS

(Competition in black, animations for the public in blue)

- **Friday, September 6th**
 - 9 am to 4 pm - Opening of the village of animations with the schoolboys
 - 2 pm to 5 pm - International Scientific Symposium on Apnea organized by the Côte d'Azur University
 - 6 pm - Richard Chemla conference of the CDMM: "Apnea in marine mammals"
 - 6 pm - Sophrology workshop on the beach
- **Saturday, September 7th**
 - 3 pm - Parade of the nations
 - 4 pm - Opening ceremony with presentation of the athletes
 - 9 pm - "Le Grand Bleu" by Luc Besson in the presence of the actor Niçois Marc Duret (outdoor cinema of the citadel, evening proposed by LICRA Monaco)

Program of a typical day from Sunday 8 to Friday 13 September

- 8 am to 3 pm - Competition to follow live in the official village or on the internet
- 10 am to 6 pm - Animations for the public
- 11 am - World Mag # aidawc2019
- 5 pm - Podium of the day and dedications
- 6 pm - World Mag # aidawc2019
- 7 pm to 9 pm - Live music

- **Sunday, September 8th:**
 - 7 am - Yoga on the beach with athletes
 - 8 am - 1st round of the World Championship with Marc Duret and the Officials
 - 8 am to 3 pm - Competition CNF Weight Constant without fins - Woman *
 - 6 pm - Yoga on the beach
 - 7 pm to 9 pm - Concert
- **Monday September 9th**
 - 7 am - Yoga on the beach with athletes
 - 8 am to 3 pm - Competition CNF Weight Constant without fins - Male *
 - 2 pm - Round table on the hydrogen fuel cell by Didier Bouix CEA LITEN
 - 6 pm - Yoga and sophrology on the beach

- **Tuesday, September 10th**
 - 7 am - Yoga on the beach with athletes
 - 8 am to 3 pm - FIM Free Immersion Competition - Women *
 - 6 pm - Yoga on the beach
 - 7 pm to 9 pm - DJ
- **Wednesday September 11th**
 - 7 am - Yoga on the beach with athletes
 - 8 am to 3 pm - FIM Free Immersion Competition - Men *
 - Saint-Exupéry Day: The Wings of the Little Prince welcome "extraordinary children"
 - Conference on the discovery of the plane of St-Exupéry with Luc Vanrell - Bruno Faurite and François d'Agay
 - 6 pm - Yoga on the beach
- **Thursday, September 12th**
 - 8 am to 3 pm - Competition CWT Constant Weight with fins - Woman *
- **Friday, September 13th**
 - 8 am to 3 pm - Competition CWT Constant Weight with fins - Men *
 - 6 pm - Yoga on the beach
 - 7 pm to 8.30 pm - Concert
 - 9 pm - Film " DEEP MARE NOSTRUM " in the presence of Pierre Frolla (outdoor cinema of the citadel evening proposed by LICRA Monaco)
- **Saturday, September 14th**
 - Competition joker day
 - 7 am - Yoga on the beach with athletes
 - 2 pm - Signing of the "International Charter of Responsible Apneist".
 - 3 pm - Video photo of all apneists
 - 4 pm - The Stars of Mougins propose the Cocktail created especially for the World Championship by Victor DELPIERRE Barista World Champion / Cocktails
 - 6 pm - Closing ceremony with summary in pictures of the week of competition and animations
 - 9 pm - DJ final evening with the athletes
- **Sunday September 15th**
 - Departure of the athletes
 - Last day animations for the public

* Competition schedules may vary depending on weather conditions and the number of registered athletes.

INFORMATION COMPLEMENTS

On the sporting side:

- First time we gather so many countries since the creation of the first apnea world in Villefranche-sur-Mer in 1996.
- Isolated apneists representing amazing countries: Moldova, Colombia, Cuba, Hong Kong, Kuwait, Lebanon, Namibia, Malaysia, Norway, Romania ...
- Girls who want to show that sport and women is possible for them too (Tunisia).
- A female judge, Indonesian, professor at the University of Southampton.
- A deep French density of freedivers who led to very tight selections.
- French people from the other side of the world who have been nominated for the selections (South America, Dom Tom) and who have succeeded.
- A choice of the organizer to have encouraged athletes who came to represent their country just to be proud of them when they have a low level.
- Different generations of freedivers who face each other: the 18/20 against the over 35 years.

In terms of technical innovations:

- An offshore platform of 400m2 unique in the world.
- The official Le Moana boat, specially equipped by Department 06 to accommodate two official cables and the underwater drone. It has been approved by a control body (this is also a big first). It was tested during the French selections in June.
- CEA LITEN will install solar panels to provide clean energy on the competition platform and, if necessary, as in 2012, a hydrogen fuel cell.
- For the first time, safety freedivers have received specific training for several months. It was entrusted to the multiple world record holder Pierre Frolla and its Monaco Water Rescue Center.
- The medical staff is headed by Carl Willem, a doctor at the Hyperbaric chamber of the Nice University Hospital Center and will consist of a multidisciplinary team of doctors and nurses specializing in underwater medicine and emergency medicine.
- A medical experiment will be carried out by the University of Rouen during the competition on volunteer athletes, to study the various factors involved in the loss of knowledge.
- AIDA International has hired a provider to film the athletes' performances, which will be broadcast live on social networks # aidawc2019 and on the official village.
- 2 times a day (11 am and 6 pm), live platform on social networks with athletes and guests with the technical means of CdConcept.
- Media accreditation and management of journalists on site are coordinated by the Union des Journalists Sport in France.
- Live broadcasts from the official village with our media partners.

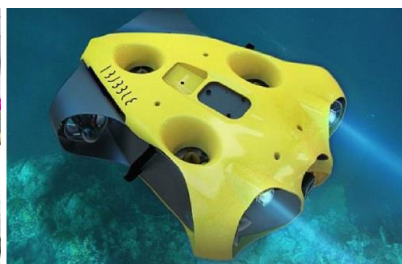
Smart Deal and Green Deal Animations for the Public: science, new technologies, the sea and the oceans, sustainable development.

- Scientists from the University of Cote d'Azur and the Department have planned events for a wide public school and adult around achievements made on the theme of the sea.
 - o ECOSEAS-UCA laboratory, CNRS (an aquarium of 400 liters of AQUA DECOR seawater to show you what to protect)
 - o EDUMED-Obs Geoazur (The "ears" of the oceans)

- VADER project by LAMHESS UCA laboratory (Live testing of your personal lung capacities)
 - VADER project by the laboratory J.A. Dieudonné UCA, CNRS (Understanding the mechanisms of respiration)
 - MSc. MARRES of UCA (Fun activities around marine biodiversity in the Mediterranean)
 - IRCAN UCA, INSERM, CNRS (Regeneration / aging, symbiosis / oxidative stress and the Tara Pacific expedition)
 - KAHAI KAI (Photo Exhibition - Portraits of Mediterranean marine organisms and waste)
- The CEA LITEN from Grenoble will install the model used to build the Energy Observer, the first hydrogen ship aiming at energy self-sufficiency, without emission of greenhouse gases or fine particles.



- Institute of the Sea of Villefranche-sur-Mer (IMEV): plankton - why the color of the water is an essential parameter to describe the oceans and how the oceanographers measure it.
- Oceanographic Institute of Monaco: Festival without balloons: together let's invent a party that also pleases sea turtles.
- Associations specialized in the environment will also be present, such as the Marine World Discovery Center (CDMM), Be Green Ocean, Longitude 181, Small Resourceful ...
- The Longitude 181 Association will propose to the athletes present to sign the "International Charter of the Responsible Apneist".
- CDMM: Exhibition: When the whales were walking. A journey through the ages to understand how marine mammals, which were land animals and returned to water millions of years ago, have adapted in a perfect and diverse way.
- The little hustlers: why is the sea salty? why are the oceans so deep? Ocean acidification, micro-plastics, hydrocarbon pollution and bioaccumulation. (Only on September 7th).
- Coralie Balmi, Olympic medalist in swimming in 2012, with her association Be Green Ocean will sensitize the public to the waste accumulated in a year with an exhibition of the photographer Antoine REPESSE awarded in New York. Photos that you can discover also under the water with a simple mask and snorkel. You will be followed and filmed by the first submarine drone "iBubble" completely autonomous.



- Alexia Barrier, solo sailor and her 4myplanet project, will offer activities for schoolchildren around the protection of the environment and answer questions about her experience as a navigator.
- Come and see the archeological wonders of the bay of Villefranche with the association Anao.
- The Little Mermaid: from Thursday 12 to Sunday 15 at 11 am and 4 pm: come and see and hear the stories of our mermaid world for the little ones.
- Friday, September 6th September at 2 pm: Scientific symposium on apnea organized by the University Côte d'Azur with several international speakers.
- Monday, September 9th at 2 pm: Roundtable on the hydrogen fuel cell and renewable energies led by Joseph Strazzanti, in the presence of Didier Bouix from CEA LITEN, Laurence Dalstein-Richier from Department 06 and scientists present on the championship. Project proposals for the Department 06.

Other animations:

- Screening of the cult movie "Le Grand Bleu" by Luc Besson, in the presence of actor Marc Duret, on Saturday, September 7th at 9pm at the outdoor cinema of the citadel of Villefranche-sur-Mer thanks to the LICRA Sports Monaco Association.
- Screening of the film, DEEP Mare Nostrum " with Caterina Murino the James Bond girl, in the presence of Pierre Frolla, Friday, September 13th at 9 pm at the outdoor cinema of the citadel of Villefranche-sur-Mer thanks to the LICRA Sports Association Monaco.
- Richard CHEMLA of the CDMM will give a lecture on "Apnea in Marine Mammals" on Friday September 6th at 6 pm.
- Screening of short films by famous apneists in the official village:
 - o "Absolute depth" which takes a particular look at one of Loïc Leferme's snorkeling records
 - o "Afghan Blue", recounting a more personal adventure. Loïc & Valérie LEFERME
- "On the Way of Healing", organized by the Generation Grand Bleu club, is a charity event that highlights the benefits of apnea in helping patients to heal. Françoise, Marella and Myriam will make a "self-transcendence apnea" on September 10th. They will do the opening dive of the women's free diving event.
- The association "Les ailes du petit prince" (The Wings of the Little Prince) in the footsteps of Saint Exupéry will organize during the world, Wednesday, September 11th, a day of activities of discovery of the marine world for "extraordinary children" (under heavy treatments).
- The conference on the discovery of the plane of St Exupéry with Luc Vanrell - Bruno Faurite and François d'Agay Wednesday, September 11 at 18h
- Tastings around the food truck Celestin from Etoiles de Mougins and the Blue Bar.
- Cooking demonstrations with the "Toques Blanches".
- Proud of our farmers: a stand that will revolve around food before and during competitions and exams.

- Participation with the athletes in a morning yoga session at 7 am on the beach thanks to Margot Heuleu. In addition, Isabelle Lara will offer sophrology sessions facing the sea on September 6th and 9th at 6 pm. Come test a relaxation method based on breathing and visualization.
- WILFRIEDandCO offers a well-being universe VIP Man Woman dedicated to the care of the skin and the hair, a spirit Holistic, Eco-responsible, Green, 0% GMO in an idyllic frame. You will be few privileged to live an unforgettable experience. You will be pampered among the athletes. You will come back refreshed and prepared for a nice return (on reservation: support@wilfriedandco.fr).
- Programming by FREQUENCE LIVE of local music groups in the evening after the podiums and signings (ongoing programming - September 8th & 13th concerts, September 10th & 14th DJ final evening with the athletes.
- Come follow all the dives of the champions on the giant screen installed on the official village.
- **Breathtaking Day:** Experience an extraordinary day alongside the athletes!
 - Come and live "THE BIG BLUE". Did you like the movie? Do you dream of trying snorkeling and water activities? Discover our fragile seabed? Do you like to be at the heart of big events?
 - BOOK NOW YOUR DAY "A couper le souffle" (TO CUT BREATH) **info@aida-wc2019.com**
 - (Paid day upon reservation and according to the available places).